

Liberal Arts and Sciences: Individual Studies AS (INST)

Catalog: 2025-2026			Effective Date: 9/01/2023
CR	COURSE	COURSE TITLE	SUNY GEN ED
1-2	HRD 100, HRD 100A or HRD 110	FRESHMAN EXPERIENCE	
3	ENG 101	<i>Introduction to College Writing</i>	GCWO
3	ENG 102, ENG 103, ENG 104, ENG 105, ENG 106, ENG 107, ENG 108, ENG 109 or ENG 110	<i>Writing II</i>	GWCO
3	SUNY GEN ED Mathematics (and Quantitative Reasoning)		GMAT
4	SUNY GEN ED Natural Sciences (and Scientific Reasoning) lab science		GNSL
3	SUNY GEN ED Math or Science elective		GMAT GNSC
2	Any PED activity course, AVS 101, AVS 102, BIO 115, HED 103, HED 104, HED 108, NTR 101, NTR 111, PED 105, PED 106, PED 206 or PED 211 (Note: PED 210 and PED 212 do not fulfill this requirement)	HEALTH AND WELLNESS	
3	SUNY GEN ED World History and Global Awareness		GGLB
3	SUNY GEN ED US History and Civic Engagement		GUSC
3	SUNY GEN ED Social Sciences		GSSC
3	SUNY GEN ED The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English)		GART GWRL GHUM
3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice		GDVR
30	Program electives per career and transfer goal		
64	Minimum credits required for graduation		

Note: Please review the back of this form for additional information.

Notes on Liberal Arts and Sciences: Individual Studies AS (INST)

❖ **COURSE PREREQUISITES:**

See <http://catalog.sunyacc.edu/coursedescriptions/catalog>

❖ **RECOMMENDED SEQUENCE:**

FIRST YEAR

First Semester		Second Semester	
1-2	HRD 100, HRD 100A or HRD 110	1	Health and Wellness
3	ENG 101	3	ENG 102 – ENG 110
3	SUNY GEN ED Social Sciences	3	SUNY GEN ED The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English)
3	SUNY Gen Ed US History and Civic Engagement	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	SUNY GEN ED World History and Global Awareness

SECOND YEAR

Third Semester		Fourth Semester	
4	SUNY GEN ED Natural Sciences (and Scientific Reasoning) lab science	1	Health and Wellness
3	SUNY GEN ED Mathematics (and Quantitative Reasoning)	3	SUNY GEN ED Mathematics or Science
3	Program Elective – See Note 1	3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice
3	Program Elective – See Note 1	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	Program Elective – See Note 1
		3	Program Elective – See Note 1

NOTES:

1. Program Elective Courses should be carefully chosen with an advisor based upon career and transfer goals.

❖ **DEFINITION OF COURSE REQUIREMENTS:** See <http://catalog.sunyacc.edu/academics/degree requirements>

❖ **FINANCIAL AID RECIPIENTS:** A student **must** choose courses that are within their degree program. Students are encouraged to meet with their assigned academic advisor for any questions about course selection and degree program requirements. Please visit the Office of Financial Aid for any aid-related questions.

❖ **SUNY GEN ED KNOWLEDGE AREAS:** See <http://catalog.sunyacc.edu/academics/generaleducation>

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| ❖ Mathematics (and Quantitative Reasoning) (GMAT) | ❖ Diversity: Equity, Inclusion and Social Justice (GDVR) |
| ❖ Natural Sciences s (and Scientific Reasoning) (GNSC/L) | ❖ Humanities (GHUM) |
| ❖ Social Sciences (GSSC) | ❖ The Arts (GART) |
| ❖ US History and Civic Engagement (GUSC) | ❖ World Languages (GWRL) |
| ❖ World History and Global Awareness (GGLB) | ❖ Communication – Written and Oral (GCWO) |

Liberal Arts and Sciences: Individual Studies AS (LINS) – Saratoga Branch Campus

Catalog: 2025-2026			Effective Date: 9/01/2024
CR	COURSE	COURSE TITLE	SUNY GEN ED
1-2	HRD 100, HRD 100A or HRD 110	FRESHMAN EXPERIENCE	
3	ENG 101	<i>Introduction to College Writing</i>	GCWO
3	ENG 102, ENG 103, ENG 104, ENG 105, ENG 106, ENG 107, ENG 108, ENG 109 or ENG 110	<i>Writing II</i>	GWCO
3	SUNY GEN ED Mathematics (and Quantitative Reasoning)		GMAT
4	SUNY GEN ED Natural Sciences (and Scientific Reasoning) lab science		GNSL
3	SUNY GEN ED Math or Science elective		GMAT GNSC
2	Any PED activity course, AVS 101, AVS 102, BIO 115, HED 103, HED 104, HED 108, NTR 101, NTR 111, PED 105, PED 106, PED 206 or PED 211 (Note: PED 210 and PED 212 do not fulfill this requirement)	HEALTH AND WELLNESS	
3	SUNY GEN ED World History and Global Awareness		GGLB
3	SUNY GEN ED US History and Civic Engagement		GUSC
3	SUNY GEN ED Social Sciences		GSSC
3	SUNY GEN ED The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English)		GART GWRL GHUM
3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice		GDVR
30	Program electives per career and transfer goal		
64	Minimum credits required for graduation		

Note: Please review the back of this form for additional information.

Notes on Liberal Arts and Sciences: Individual Studies AS (LINS)

❖ **COURSE PREREQUISITES:**

See <http://catalog.sunyacc.edu/coursedescriptions/catalog>

❖ **RECOMMENDED SEQUENCE:**

FIRST YEAR

First Semester		Second Semester	
1-2	HRD 100, HRD 100A or HRD 110	1	Health and Wellness
3	ENG 101	3	ENG 102 – ENG 110
3	SUNY GEN ED Social Sciences	3	SUNY GEN ED The Arts, SUNY GEN ED World Languages or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English)
3	SUNY Gen Ed US History and Civic Engagement	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	SUNY GEN ED World History and Global Awareness

SECOND YEAR

Third Semester		Fourth Semester	
4	SUNY GEN ED Natural Sciences (and Scientific Reasoning) lab science	1	Health and Wellness
3	SUNY GEN ED Mathematics (and Quantitative Reasoning)	3	SUNY GEN ED Mathematics or Science
3	Program Elective – See Note 1	3	SUNY GEN ED Diversity: Equity, Inclusion and Social Justice
3	Program Elective – See Note 1	3	Program Elective – See Note 1
3	Program Elective – See Note 1	3	Program Elective – See Note 1
		3	Program Elective – See Note 1

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| ❖ Mathematics (and Quantitative Reasoning) (GMAT) | ❖ Diversity: Equity, Inclusion and Social Justice (GDVR) |
| ❖ Natural Sciences s (and Scientific Reasoning) (GNSC/L) | ❖ Humanities (GHUM) |
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