

Spring 2019 Workshops & Groups

WORKSHOPS

March 19th

6:00 – 7:30 p.m.

Dearlove Hall #211

Substance Abuse Panel

Offered by Baywood Treatment Center

April 3rd

12:45 – 2:00 p.m.

Dearlove Hall #211

Anxiety Panel

Offered by the Counseling Staff

April 17th

12:45 – 2:00 p.m.

Dearlove Hall #211

“I Ask” – A Seminar on Consent

Offered by Planned Parenthood

GROUPS

Body Image Support Group

Washington Hall #112

Wednesdays 4:15 – 5:00 pm

Connect & Grow

Residence Hall #160

Thursdays 4:00 – 5:00 pm

Lifetime Learners

Washington Hall #112

Mondays 12:45 – 2pm

Tuesdays 4:00 – 5:00pm

Mindful Meditation

Washington Hall #112

Tuesdays 12:30 – 1:30pm

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