**Liberal Arts and Sciences: Individual Studies AS (INST)**

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| **Catalog: 2018-2019 Effective Date: 9/01/2018**  |
| **CR** | **COURSE** | **COURSE TITLE** | **SUNY****GEN ED** | **TR** | **SEMESTER** |
| 1-2 | HRD 100, HRD 100A or HRD 110 | FRESHMAN EXPERIENCE |  |  |  |  |  |  |
| 3 | ENG 101 or ENG 100A & B | *Introduction to College Writing* or *Writing Reading Workshop A/B* | GEBC |  |  |  |  |  |
| 3 | SUNY GEN ED Basic Communication ENG 102, ENG 103, ENG 104, ENG 105,ENG 106, ENG 107, ENG 108, ENG 109 or ENG 110 |  | GEBC |  |  |  |  |  |
| 3 | SUNY GEN ED Mathematics  |  | GEMA |  |  |  |  |  |
| 4 | SUNY GEN ED Natural Science lab science |  | GENS |  |  |  |  |  |
| 3 | SUNY GEN ED Math or Science elective |  | GEMAGENS |  |  |  |  |  |
| 2 | Any PED activity course, AVS 101, AVS 102, BIO 115, HED 103, HED 104, HED 108, NTR 101, NTR 111, PED 105, PED 106, PED 206, PED 207 or PED 211(Note: PED 210 and PED 212 do not fulfill this requirement) | HEALTH AND WELLNESS |  |  |  |  |  |  |
| 3 | SUNY GEN ED Western Civilization HIS 100, HIS 101 or HIS 102 |  | GEWC |  |  |  |  |  |
| 3 | SUNY GEN ED American HistoryHIS 103 or HIS 104 |  | GEAH |  |  |  |  |  |
| 3 | SUNY GEN ED Social Science |  | GESS |  |  |  |  |  |
| 3 | SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English)  |  | GETAGEFLGEHU |  |  |  |  |  |
| 3 | SUNY GEN ED Liberal Arts and Sciences |  | GEXX |  |  |  |  |  |
| 30 | Program electives per career and transfer goal |  |  |  |  |  |  |  |
| **64** |  **Minimum credits required for graduation** |  |  |  |  |  |  |

**Note:** Please review the back of this form for additional information.

Notes on Liberal Arts and Sciences: Individual Studies AS (INST)

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| * **COURSE PREREQUISITES:**
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| **See** [**http://catalog.sunyacc.edu/coursedescriptions/catalog**](http://catalog.sunyacc.edu/coursedescriptions/catalog) |

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| * **RECOMMENDED SEQUENCE:**
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| **FIRST YEAR** |
| **First Semester** | **Second Semester** |
| 1-2 | HRD 100, HRD 100A or HRD 110 | 1 | Health and Wellness |
| 3 | ENG 101 or ENG 100 A & B | 3 | ENG 102 – ENG 110  |
|  3 | SUNY GEN ED Social Science | 3 | SUNY GEN ED The Arts, SUNY GEN ED Foreign Language or SUNY GEN ED Humanities Liberal Arts and Sciences (Other than English) |
| 3 | HIS 103 or HIS 104 | 3 | Program Elective – See Note 1 |
| 3 | Program Elective – See Note 1 | 3 | Program Elective – See Note 1 |
| 3 | Program Elective – See Note 1 | 3 | HIS 100, HIS 101 or HIS 102 |
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| **SECOND YEAR** |  |
| **Third Semester** | **Fourth Semester** |
| 4 | SUNY GEN ED Natural Science lab science | 1 | Health and Wellness |
| 3 | SUNY GEN ED Mathematics | 3 | SUNY GEN ED Mathematics or Science |
| 3 | Program Elective – See Note 1 | 3 | SUNY GEN ED Liberal Arts and Sciences |
| 3 | Program Elective – See Note 1 | 3 | Program Elective – See Note 1 |
| 3 | Program Elective – See Note 1 | 3 | Program Elective – See Note 1 |
|  |  | 3 | Program Elective – See Note 1 |
| **NOTES:** |
| 1. Program Elective Courses should be carefully chosen with an advisor based upon career and transfer goals.
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| * **DEFINITION OF COURSE REQUIREMENTS:** See <http://catalog.sunyacc.edu/academics/degreerequirements>
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| * **FINANCIAL AID RECIPIENTS:** A student **must** choose courses that are within their degree program. Students are encouraged to meet with their assigned academic advisor for any questions about course selection and degree program requirements. Please visit the Office of Financial Aid for any aid-related questions.
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| * **SUNY GEN ED KNOWLEDGE AREAS:** See <http://catalog.sunyacc.edu/academics/generaleducation>
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|  | Mathematics (GEMA) |  | Other World Civilization (GEOC) |
|  | Natural Sciences (GENS) |  | Humanities (GEHU) |
|  | Social Sciences (GESS) |  | The Arts (GETA) |
|  | American History (GEAH) |  | Foreign Languages (GEFL) |
|  | Western Civilization (GEWC) |  | Basic Communication (GEBC) |